

# YOU ARE NOT ALONE.

# WE ARE HERE TO HELP.

**988** SUICIDE & CRISIS  
**LIFELINE**

SOMERSET COUNTY  
**CRISIS INTERVENTION**  
(866) 611-6467

## CT COUNSELORS

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## R.E.A.C.H.

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**SAFE**  **SAY**  
**SOMETHING**

## CT TRIBE LINE

814-248-0726

(Call/Text)